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# TIME IN THE MARKET BEATS TIMING THE MARKET

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With the end of each year comes long-awaited traditions such as the Thanksgiving turkey, Saint Nicholas, Christmas trees, Hanukkah's menorah or the New Year's fireworks. For investors, one of these traditions are equity forecasts for the following year. Recently, as I was reading predictions for 2024, I started to wonder how accurate last year's predictions were.

## **Predicting Short-Term Moves in the Market Is a Fool's Errand**

In figure 1, I compiled predictions from 16 forecasts published at the end of 2022 by different banks and asset managers across the spectrum. As a reminder, the [S&P 500](#) gained 24.2% over the full year in 2023. The results are telling:

- The dispersion is massive, with a 21% spread between the most pessimistic and the most optimistic, with everything in-between.
- Even so, not one expert got it even close to right. Some predictions ended up 28% off.

## **Figure 1: What Experts Predicted for the S&P 500 in 2023**

	S&P 500 2023 Forecast	
Barclays	3675	-4.3%
Societe Generale	3800	-1.0%
Morgan Stanley	3900	1.6%
UBS	3900	1.6%
Citigroup	3900	1.6%
Blackrock	3930	2.4%
Bank of America	4000	4.2%
Golman Sachs	4000	4.2%
HSBC	4000	4.2%
Credit Suisse	4050	5.5%
Royal Bank of Canada	4100	6.8%
JP Morgan	4200	9.4%
Jefferies	4200	9.4%
BMO	4300	12.0%
Wells Fargo	4400	14.6%
Deutsche Bank	4500	17.2%

Source: WisdomTree.

So, what should we conclude from this? I think we should acknowledge that when it comes to short-term moves in markets, "Nobody knows anything" and successful investors are long-term investors who aim to harness the equity risk premium over the long term through time-proven, consistent strategies. In the words of Kenneth Fisher, "Time in the market beats timing the market."

### Investing for the Long-Term: Core Strategies Anchored in Academically Proven [Risk Premiums](#)

Academics have demonstrated time and again that systematically investing in factor portfolios would have outperformed the market over the long term. Investing in high-dividend stocks, high-[quality](#) stocks or cheap stocks in a systematic manner gives investors one of the keys to potentially outperforming the market. It is worth noting that academic research has shown that the expected outperformance yielded by such approaches has not meaningfully decreased over time, despite markets becoming more efficient.

[WisdomTree Quality Dividend Growth strategies](#) are a good example of how using this decades-long research can help outperform the market and grow investors' wealth over the long term. One of the reasons for these strategies' success is that the investment process is rooted in academic literature and focuses on a systematic selection of a diversified basket of highly profitable companies with solid dividend-paying credentials, leaning heavily into the quality and high dividend factors.

### WisdomTree Quality Dividend Growth

Our portfolios are constructed around dividend-paying companies with the best-combined rank of earnings growth, [return on equity](#) and [return on assets](#) within a universe of companies with sustainable dividend policies. Stocks are also risk-tested using a proprietary risk screen ([Composite Risk Score](#)), which uses quality and [momentum](#) metrics to rank companies and screen out the riskiest companies and potential value traps. Each company is then weighted based on its cash dividend paid (market capitalization x dividend yield), which introduces valuation discipline in this high-quality portfolio.

Figure 2 illustrates the historical average relative performance of different global equity factors depending on volatility regimes. We observe that some factors, like [min volatility](#), are fundamentally defensive. They historically outperform a lot when [volatility](#) is high (and usually markets are down) but they struggle and underperform significantly in bull markets when volatility is low. On the contrary, some factors, like [small caps](#), are very cyclical. They do well in periods of low

volatility but exhibit deeper [drawdowns](#) in high-volatility markets, which take a long time to recover from.

**Figure 2: Average Relative Performance of Different Global Equity Factors Depending on Volatility Regimes**



Sources: Bloomberg, WisdomTree, data as of 12/29/00–12/31/23. Using day data in U.S. dollars (USD) and gross total return indexes. Calculations are in USD. The inception date for the WisdomTree U.S. Quality Dividend Growth Index (WisdomTree Quality) is 10/14/13. Above numbers include backtested data. Past performance is not indicative of future results. You cannot directly invest in an index. Factors here are MSCI USA based factors except for WisdomTree Quality.

WisdomTree’s approach to quality, though, seeks to offer a very balanced mix with strong outperformance in high-volatility markets, helping to reduce drawdowns and time to recovery but also some outperformance in other volatility regimes. This combination is what we call “all-weather.” Such a strategy can be used as a strategic holding to put time in the market as it captures most of the upside while offering risk mitigation on the downside.

### Key Takeaways

Looking forward to 2024, S&P 500 predictions remain incredibly diverse from 4,200 (-12%) by JP Morgan to 5,100 (+7%) from Deutsche Bank. Uncertainty in the markets also remains at a very high level. U.S. monetary policy remains extremely volatile and around half the world population will vote in 2024, including the U.S. in November. Overall, and as always, we believe like core, resilient equity investments that do not rely on knowing the future should be investors’ best friends. Investing in quality and high dividend could continue to be the best answer for long-term minded investors.

*Pierre Debru is an employee of WisdomTree Ireland Limited, a European subsidiary of WisdomTree Asset Management Inc.’s parent company, WisdomTree, Inc.*

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